

PORT JEFF

Steeple Fest

"PLUS"

Tuesday, April 26, 2016 at Port Jeff High School

2:15 Freshman Girls 2000m

2:45 Freshman Boys 2000m

3:15 Novice Girls 2000m

3:45 Novice Boys 2000m

4:15 Open Girls 2000m

4:45 Open Boys 2000m

5:15 Open Boys 3000m

PLUS

Field Events

Shot Min. boys 35' girls 25'

Discus Min. boys 100' girls 70'

Long J. Min. boys 18' girls 14'

Triple jump boys 36' girls 30'

High Jump opens at boys 5'6" girls 4'6"

Pole Vault opens at boys 9'6" girls 8'

Novice is for newbies and athletes who have NEVER won a steeple medal.

Medals will be awarded to first SIX places in steeple and field!

Champion shirt to all winners!

Tee Shirts will be on sale!

\$10.00 per individual in Steeple and field events

\$200 team maximum entry per sex

Athletes may compete in up to three field events.

See reverse side for entry

BOYS

School _____

Coach _____

E-mail _____

Phone _____

Number of Steeple athletes _____ @ \$10.00 each = _____

Number of Field athletes _____ @ \$10.00 each = _____

Total Boys entry steeple= _____ Total Boys entry field = _____

Total Steeple and Field entry = _____

Blanket Boys entry \$200.00

GIRLS

School _____

Coach _____

E-mail _____

Phone _____

Number of Steeple athletes _____ @ \$10.00 each = _____

Number of Field athletes _____ @ \$10.00 each = _____

Total Girls entry steeple= _____ Total Girls entry field = _____

Total Steeple and Field entry = _____

Blanket Girls entry \$200.00

Email entry to ***rcawl@aol.com*** or ***rcawley@portjeff.k12.ny.us*** or mail to Rod Cawley

Port Jefferson High School

350 Old Post Rd.

Port Jefferson, NY 11777

Make checks payable to **Port Jefferson High School**

Be sure to enter your roster on ***just-in-time-racing.com***